



Hesters Way Neighbourhood Project and Friends

www.hwnp.org

"...run by local people for local people..."

Activities Timetable - Spring 2019

| Activity | Day | Time | Start Date | Cost | Venue |
|---|--------------------------|-----------------------|---|--|---------------------|
| COME AND JOIN IN THE FUN & CELEBRATE 23 YEARS OF HESTERS WAY NEIGHBOURHOOD PROJECT SERVING THE LOCAL COMMUNITY - give an activity a go! | | | | | |
| Craft Club - NEW MEMBERS ALWAYS WELCOMED | Monday | 10:00 - 12:00 | Fortnightly | £3.50 including materials | SBCRC |
| Family Drop In | Monday | 10.00 - 13.00 | On-going | Donation | RLR |
| Job Club with CBH | Monday | 11:00-13:00 | Ongoing | FREE | HWCRC |
| Art with Graham | Monday | 10:00 - 12:00 | Ongoing | £5.00 for materials per term | SBCRC |
| Samurai Martial Arts | Monday | 17:30 - 20:30 | Ongoing | Ring Brian Jarvis on 07971 584901 | SBCRC |
| Infinite Tai Chi and Chi Kung with Gillian | Tuesday | 10:30 - 11:30 | Ongoing | £5.00 (£3.50 concession) Ring Gillian on 01242 248663 | SBCRC |
| Health Walking Group | Tuesday | 10:30 - 11:00 | Ongoing | FREE | JT's Café |
| NEW - Help & Advice with P3 | Tuesday | 11:00-13:00 | Ongoing | FREE | SBCRC |
| NEW - Active Fitness for all ages | Tuesday | 12.00 - 13.00 | Starts 3rd April | £4 per session - ring Abi 07738082246 | SBCRC |
| NEW - Community Drop In and Coffee Afternoon | Tuesday | 13.00 - 16.00 | Ongoing | FREE – charges apply for teas and coffees | RLR |
| Church of Christ (Worship Service) | Tuesday | 16:45 - 20:45 | Ongoing | Visitors welcome | SBCRC |
| Active Fitness - Gentle Exercise | Wednesday | 10:00 - 11:00 | Ongoing | £4.00 per session | SBCRC |
| NEW - Knit and Natter with CBH | Wednesday | 10.00 - 12.00 | Starts 27th March | £1 towards materials ring Abi 01242 387592 | RLR |
| AL-ANON | Wednesday | 10.30 - 12.00 | Ongoing | Donation | HWCRC |
| Job Club with CBH | Wednesday | 11:00-13:00 | Ongoing | Free | HWCRC |
| IT & Computer Drop-In Class | Wednesday | 13:30 - 16:00 | Ongoing | FREE - donations welcome | HWCRC |
| POPPS (Playtime for Older People Project) | Wednesday | 14:00 - 16:00 | Ongoing fortnightly | 50p | SBCRC |
| Line Dancing | Wednesday | 19:00 - 20:30 | Ongoing | £5 per class | SBCRC |
| NEW - Forwards Employment Outreach Service | Thursday | 10.00 - 12.00 | Ongoing | FREE - ring Kingsley Salmon 07741 097344 | HWCRC |
| IT & Computer Drop In Class | Thursday | 10:30 - 13:00 | Ongoing | FREE - donations welcome | HWCRC |
| Miniaturists | First Thursday | 09:00 - 12:00 | Monthly | Contact Marlene 01452 505388 to join them | SBCRC |
| Benefit and Money Advice with CBH | Thursday | 09.30 - 13.00 | Ongoing | FREE - 01242 387618 | HWCRC |
| Health Walking Group | Thursday | 10:00 - 12:00 | Ongoing | FREE | SBCRC |
| Help and Advice with P3 | Thursday | 13.30 - 15.00 | Ongoing | FREE | HWCRC |
| NEW - Writers Club | Thursday | 14:00-15:00 | Ongoing | FREE - ring John Morrish 07788 515 1387 | SBCRC |
| Samurai Martial Arts | Thursday | 17:30 - 20:30 | Ongoing | Ring Brian Jarvis on 07971 584901 | SBCRC |
| English Speaking Club | Thursday | 18:00 - 19:30 | Ongoing | FREE - ring 01242 774783 | HWCRC |
| NEW - Kinship Carers | Friday | 09:30-11:30 | Every 1st Friday | FREE - ring Tessa Jordan 0797 259 3315 | HWCRC |
| Art with Graham | Friday | 10.00 - 12.00 | Ongoing | £5.00 for materials per term | SBCRC |
| NEW - Craft Club | Friday | 10.00 - 14.00 | Ongoing | Small charge | SBCRC |
| Alcoholics Anonymous meeting | Friday | 12:00 - 13:00 | Ongoing | Donations (also Mon, Sat and Sun fellowship) | HWCRC |
| Garden Group | Friday | 14:00 - 16:00 | Ongoing | FREE - volunteers welcome | SBCRC |
| POPPS (Playtime for Older People Project) | Friday | 14:00 - 16:00 | Ongoing fortnightly | £1 | HWCRC |
| Cheltenham West Carers | Friday | 16:00 - 18:00 | Every 3rd Friday | FREE | HWCRC |
| NEW - Ballet Class | Friday | 16:30-17:30 | During term time | £3 - ring Ruth Mulligan 07712 088956 | SBCRC |
| NEW - Heartfulness Meditation and Relaxation | Friday | 18:30 - 19:30 | Ongoing | FREE - starts 26th April | HWCRC |
| Church of Christ (Worship Service) | Saturday | 15:45 - 19:45 | Ongoing | Visitors Welcome | SBCRC |
| Springfield Park Litter Pick | First Saturday | 10:30 - 12:00 | Monthly | Equipment & refreshments provided | SBCRC |
| Easter Fair 2019 | Friday 19th April | 11.00 - 14.00 | Community Event | Contact Helen Hope 01242 539088 | SBCRC |
| JT's CAFE, fresh food made to order, FREE W-Fi | Mon to Fri | 08:00 - 16:00 | Sit in, Take Away, Events & Conferencing | Contact Jim Betteridge 01242 521319 | HWCRC |
| NEW 2 x Lobby Computers & Cosy Corner FREE Wi-Fi | Mon to Fri | 08:30 to 17:30 | Ongoing from jan 2019 | FREE | HWCRC SBCRC |
| Hesters Way Neighbourhood Charity Shop - next to Co-Op and Post Office | Mon to Fri | 09:00 to 15:00 | Ongoing (New Volunteers Welcomed) | Good quality, bargains galore Donations welcome | 01242 252325 |
| GOT AN IDEA FOR A NEW ACTIVITY? WANT TO MEET PEOPLE, SHARE SKILLS & INTERESTS? COME AND GET INVOLVED IN YOUR LOCAL COMMUNITY? GIVE US A CALL.... | | | | | |

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| HWCRC | Hesters Way Community Resource Centre | Cassin Drive, Cheltenham, GL51 7SU | 01242 521319 |
| JT's Cafe | Hesters Way Community Resource Centre | Cassin Drive, Cheltenham, GL51 7SU | 01242 521319 |
| SBCRC | Springbank Community Resource Centre | Springbank Way, Cheltenham GL51 0LG | 01242 539088 |
| RLR | Rowanfield Living Room | Devon Avenue, Cheltenham, GL51 8AU | 01242 263420 |

...GIVE US A CALL
Hesters Way Neighbourhood Project
 "...passionate about people and building community..."
 on 01242 539088 or 01242 521319
 or just pop into one of our Centres for a chat